The Encyclopedia Of Spices And Herbs An Essential Guide To The Flavors Of The World

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Coriander, feathery annual plant of the parsley family (Apiaceae), parts of which are used as both an herb and a spice. Native to the Mediterranean and Middle East regions, it is widely cultivated for its dry fruit and seeds, known as coriander, and for its leaves, known as cilantro.

Spice - Wikipedia

The Dutch Economy in the Golden Age (16th – 17th Centuries) Donald J. Harreld, Brigham Young University. In just over one hundred years, the provinces of the Northern Netherlands went from relative obscurity as the poor cousins of the industrious and heavily urbanized Southern Netherlands provinces of Flanders and Brabant to the pinnacle of European commercial success.

Boudin - Wikipedia

Boudin valdôtain: with beetroot, spices, wine and beef or pork blood, in the French-speaking Aosta Valley of Italy; Brown-rice boudin: Brown-rice boudin is a less common variation made from brown rice with taste similar to traditional pork boudin.

coriander | Definition, History, & Uses | Britannica

Spices were among the most demanded and expensive products available in Europe in the Middle Ages, the most common being black pepper, cinnamon (and the cheaper alternative cassia), cumin, nutmeg, ginger and cloves. Given medieval medicine's main theory of humorism, spices and herbs were indispensable to balance "humors" in food, a daily basis for good health at a time of recurrent pandemics.

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